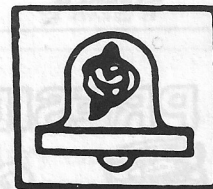


bellerose commonwealth civic association, inc.



action news

VOLUME 6 NO.3

MARCH

1979

MEDICATION TIPS

Never exchange medication with others, no matter how similar your illnesses may seem.

Avoid alcoholic beverages when taking medicines.

Keep an up-to-date list of all medicines you are taking. Show to any physician who intends to prescribe another drug to you.

Don't expect your medicine to make you feel better immediately. Give it time to work.

Don't be lulled into a false sense of security if you start feeling better after a day or two. Stopping your medication too soon may cause a relapse or flare-up of the original problem.

Make sure you understand when each of your medications should be taken because timing can have a strong effect on the success or failure of certain medicines.

Because a number of medications may cause temporary drowsiness, be particularly careful when driving a car or operating any dangerous machinery.

If you have skipped a dose of your medication, don't try to catch up by doubling the next dose on your own.

UPS & DOWNS

Removal of the hill at the base of Little Neck Parkway to Jamaica Ave. is included in a work contract also covering reconstruction of LNP from Grand Central Parkway to Hillside Ave. Objection to a raised mall (such as already exists south of Hillside Ave.) by the North Bellerose Civic Assoc. is holding up finalization of arrangements. The Glen Oaks Tenants Association is in favor of such a mall from GCP to Union Turnpike, and our Association is on record as having no objection to the entire project. A recommendation to the Department of Highways must be made by the Planning Board on the job as a whole.

BEWARE

There have been several reports of a 15-year old boy impersonating newboys in our area. Do not pay any strange boy, even if he says he is a new boy or replacing your old boy.

PANCAKES

The Colonial Farmhouse Restoration Society of Bellerose, Inc. is planning a Pancake Breakfast on Sunday, March 18th, from 9 a.m. - 1 p.m., \$1.50 per person. The farmhouse is located at 73-50 Little Neck Pkwy.

INDOOR FLEA MARKET

Fantastic buys; Surprises Galore; Cake Sale. Win-a-Bike Raffle; Come to Gregorian Hall, 87th Ave. & Cross Island Pkwy. Saturday, March 3rd, 10 a.m. - 6 p.m.

Notice

THE NEXT MEETING

THURSDAY

MARCH 1, 1979

AT 8:30 P.M.

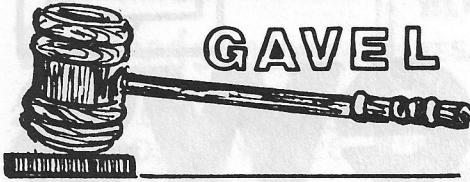
SPEAKER
FROM

HEALTH SYSTEMS
AGENCY

HOUSE OF HOPE
PRESBYTERIAN
CHURCH

Corner of 248th St &
85th Avenue

PRESIDENT'S GAVEL



We regret to announce that, due to rising costs for paper and printing, it has become necessary for the Action News to raise the price of advertising from \$30.00 for a one-column ad for ten issues to \$40.00. A double-column ad will now cost \$80.00. All advertisers who have paid at the old rate for 1979 will be honored; however, all new ads and unpaid ads will be billed at the new rate.

We are very puzzled at the seemingly lack of interest in attending our general meetings. We have 1,200 families in our civic association area, of which 600 have joined us. However, usually 25 or 30 members attend our monthly meeting.

We strongly feel that our new young neighbors, along with our older ones, should be interested and active in our association so as to insure that our area will remain a pleasant and safe place in which to live. We are continuously faced with many problems and need your assistance in solving them. This can only be done in your active member-

ship, by attending our monthly meetings, and serving on our committees. We are sure you will find a committee especially of interest to you. WE NEED YOUR INTEREST AND HELP. Let's get out and be counted. PROTECT THE LARGEST INVESTMENT YOU WILL MAKE IN YOUR ENTIRE LIFETIME.

LAST MEETING

Approximately 32 Bellerose residents attended the February 1st meeting of the B.C.C.A., which featured as guest speakers Councilman Leffler, Senator Padavan and Assemblyman Esposito, speaking about the effects of Mayor Koch's Executive Order 19, calling for reassessment of real property at 100% of its full market value.

Councilman Leffler informed us that according to the court decision in Hellerstein v. Town of Islip, all real property in the State of New York must be reassessed at full value. He pointed out that most homes in Queens are assessed at 23% of their market value.

The temporary State Tax Commission which has been put together to study the matter held a hearing on January 4th at City Hall. Councilman Leffler said that he attended and testified at that hearing.

Nassau and Suffolk Counties have managed to have the period for reassessment extended from 1980 to 1983, and the Councilman expects the Legislature to similarly extend the period for reassessment in the City of New York. He feels that

reforming the tax system is the answer, and that New York City should increase revenues rather than increase property taxes.

Senator Padavan explained how the City found itself in its financial crises in the first place. He favors taxing new businesses and expanding businesses on a sliding scale of 10% assessment of full market value the first year, 20% the second year, etc. At the end of 10 years the business would be paying 100% of its property tax. This would be used as an incentive to draw more business to New York City.

The Senator read a letter he wrote to Mayor Koch protesting Executive Order 19 and pointing out that 100% reassessment would mean disaster for homeowners. Mayor Koch answered that he is "concerned" and that "Executive Order 19 in no way changes or implies a change in the real estate tax on one and two family homes." (emphasis added)

Senator Padavan also believes a different tax system is called for, one which would allow different rates of taxation for commercial properties and residential properties. He promised to keep a close watch on the reassessment issue, and wants to protect us against higher property taxes.

Assemblyman Esposito said that he did not have much to add to Senator Padavan's statements. He made it clear that he will do his best to stop any increase in property taxes for the one and two family homeowner.

HEALTH SERVICES FOR BELLEROSE -- WE NEED YOUR RESPONSE

by
MARIE HELFRICH AND
STEPHANIE ROSENTHAL

One of the goals of the National Health Planning and Resources Development Act of 1974 (Public Law 93-641) is a system that will:

- (1) Be responsive to the needs of the people
- (2) Will assure that quality health services will be available and reasonably accessible at a moderate cost

The HEALTH SYSTEMS AGENCY (HSA) is the body in New York that is responsible for this planning.

Bellerose is fortunate in having three community members as volunteers on the Health Systems Board - District H.

In the following months, the Health Systems Agency will be setting up priorities for health care for each district. This is the opportunity for the people in Bellerose to express themselves as to what they perceive as to their health needs or problems, or the lack of health services.

The total health picture can be viewed in two parts:
HEALTH MAINTENANCE
AND HEALTH RESTORATION

Under Health Maintenance are such categories as:

- (a) Environmental and occupational health, encompassing areas such as air quality, water pollution, noise, toxic substances, food protection, radiation, and transportation.
- (b) Education to help the population understand such things as "at risk" good health practices, awareness of where and how health services are delivered, proper nutrition.
- (c) Disease prevention and early detection.

Health Restoration which encompasses:

- (a) Ambulatory Care Services which includes all primary care outside of the hospital for the entire family.
- (b) Acute in-patient care which refers to treatment of illness or injury in a hospital.
- (c) Institutional long-term care - This has various levels of care facilities starting from the highest level of care required as:
 - (1) Skilled nursing facility otherwise known as a nursing home
 - (2) Intermediate facilities for those who require life-time care as some of our elderly and multi-handicapped, retarded, and developmentally or neurologically impaired.
 - (3) Lesser level of care as a health related facility requiring some medical or nurse supervision.

- (4) Domicillary care facility
- (5) Sheltered residences and group homes or hostels

The last three categories are alternatives to expensive long-term institutional care since the higher the level of care required, the more expensive it is.

(d) Home Health Care which is used to describe a variety of health and social programs that provide services to people in their own homes which are important in promoting independent living for those people in need of health care or help in the prevention of disease to avoid expensive hospital stays.

(e) Emergency medical services which are delivered through our ambulance corps and hospital emergency rooms.

(f) Special interest areas: Mental hygiene takes in the problems of the mentally ill, emotionally disturbed, abused children, battered wives, mentally retarded, cerebral palsied, organic brain diseased, and the developmentally disabled; also the alcohol and drug abusers. This area affects more Americans and families in this country than any other area.

Anyone wishing to present his or her input, may do so by writing to Bernard Wechsler, President of Bellerose Civic Association, 87-14 250th Street, Bellerose, N.Y. 11426.

**Today people need
more than just a bank.**
They need services.

252-25 UNION TPKE.
BELLEROSE, N.Y. 11426
(212) 347-7800

 **BAYSIDE FEDERAL SAVINGS**
Member of FS LIC

ROYAL COACH LIMOUSINE

Weddings • Proms
Dinner • Theatre
Any Occasion

86-26 Little Neck Pkwy
(212) 343-0814 (516) 328-3033

EXXON

343-9092

S. T. D.
AUTOMOTIVE
SERVICE

GENERAL REPAIRS WELDING
ROAD SERVICE
TROUBLE SHOOTING
253-10 HILLSIDE AVENUE
BELLEROSE, L.I., N.Y.

THE GROOMING STUDIO

DOG AND CAT
GROOMING AND BATHING

JOEL KRISLOFF

249 04 HILLSIDE AVE. 347-8361
BELLEROSE, N.Y. 11426

TRAVEL BARGAINS

CALL

JAN FAMA
TRAVEL CONSULTANT

OFFICE (516) 676-3200
HOME (212) 343-3975

T. FITZPATRICK REAL ESTATE INC.

RESALE SPECIALISTS

• RENTALS •

266-19 Hillside Ave.
Floral Park, N.Y. 11004 F13-6106

7 DAYS • 7 NIGHTS

CITY-WIDE SEWER &
DRAIN SERVICE CORP.

• Cesspools Pumped

Sewers & Drains Electrically Cleaned
CEASAR RIBOLDI (212) 846-6786
GEN MGR (516) 747-2344

248-49 Jam. Ave., Bellerose

Richmond Hill Savings Bank

HILLSIDE AVE
& 257th ST.



Floral Park, N.Y. 11004

QUALITY
ALUMINUM
BUILDING
PRODUCTS



L & B CONSTRUCTION CO.

88-24 238th Street

Bellerose, New York 11426

Phone: 464-7670



CUSTOM-FITTED
FORMAL WEAR

by TUXEDO BARN

212-343-4854

OPEN

Daily 12 AM-9 PM
Sat: 10 AM-5 PM

SALES
247-13 JAMAICA AVE.
BELLEROSE, N.Y.

212-343-1243 212-347-1044



MIKE FAZIO

ONE MAN BAND

ACCORDION SOLOIST

VERY VERY REASONABLE



ROOSEVELT
SAVINGS
BANK

247-53 JAMAICA AVE.
BELLEROSE, N.Y. 11426

(212) 347-1130

MEMBER FDIC

STUTZMANN FUNERAL HOME

2000 HILLSIDE AVENUE
NEW HYDE PARK, N.Y. 11040
816-352-3434

224-39 JAMAICA AVENUE
QUEENS VILLAGE, N.Y. 11428
212-465-3210



we know
and understand.

Serving the community for over 50 years

Fairchild Sons INC.

FUNERAL DIRECTORS

LARDEN CITY 1701 Franklin Ave. 746-9605
BAMHASSI 1570 Northern Blvd. 627-2000
QUEENS VILLAGE 270 05 Hyde Ave. 865-4389

ALVIN BRUCE ROPER

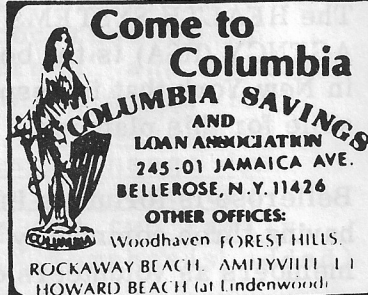
INDEPENDENT REAL ESTATE BROKER
INDEPENDENT INSURANCE BROKER

48 Yrs. • A Bellerose Resident

9 A.M. — 9 P.M.

Apartments • Mortgages
Management • Appraisals

250-20 HILLSIDE AVE.
Fieldstone 3-1100



**Come to
Columbia**

AND
LOAN ASSOCIATION

245-01 JAMAICA AVE.
BELLEROSE, N.Y. 11426

OTHER OFFICES:

Woodhaven FOREST HILLS
ROCKAWAY BEACH AMITYVILLE L.I.
HOWARD BEACH (at Lindenwood)

Think about this:
As an active member of
this community, we're ready
and willing to help
in any way that we can.

European-American Bank
Think about it.

bellerose commonwealth civic association, inc.



action news

PUBLISHED MONTHLY EXCEPT
JULY and AUGUST

Address news items to:

Bernie Wechsler
Pres. B.C.C.A.
87-14 250 St.
Bellerose, N.Y. 11426

For
people
on the
"grow"

Island Federal

Manhasset Branch - 196 Fulton Avenue - 469-4800
New Hyde Park - 1105 Hillside Avenue - 754-6170
Country Lane Office - New Hyde Park - 350 Hillside Avenue - 437-6400
Pompano Office - Pompano Shopping Center - 338-1300
Spartanburg Office - 75 Jackson Avenue - 921-4800
Lakeland Office - 655 N. Lakeland Avenue - 951-8400
Tomball Office - 655 Old Country Road (Rte. 58) - 727-7700